

Cook

Smart Meal Bar and Restaurant Inc.

Job ID

39310

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LOCATION	DATE POSTED	EXPIRY DATE	
1177 1 Street SW Unit 2, Medicine Hat, AB Alberta	05-03-2026	01-09-2026	
TYPE OF JOB	SALARY	MIN. EXPERIENCE	MIN. EDUCATION
Full Time	CAD \$18 an hour	1 year to less than 2 years	Secondary (high) school graduation certificate

Job Details

Smart Meal Bar and Grill Restaurant is looking to hire a Cook (TEER 63200) on a permanent full-time basis.

Address: 1177 1 st SW unit 2, Medicine Hat, AB T1A 3Z5

Anticipated Start Date: As soon as possible

Wages: \$18.00 per hour

Hours: 35 hours a week

Number of Vacancies: 1

Minimum Education: Secondary school or Ged equivalent

Minimum Experience: 1 year to less than 2 years in the same occupation

Essential Skills:

Client focus, effective interpersonal skills, excellent oral communication, flexibility, organized, reliability, team player

Work Conditions: Fast paced environment, handling heavy loads, combination of sitting, standing and walking, attention to detail, standing for extended periods

Benefits: Health care and disability benefits

First preference will be given to Canadian Natives, Canadian Citizens and Permanent Residents.

Job Description

Job Duties:

1. Prepare and cook complete meals or individual dishes and foods
2. Prepare dishes for customers with food allergies or intolerances.
3. Plan menus, determine size of food portions, estimate food requirements and costs, and monitor and order supplies.
4. Inspect kitchen and food service areas.
5. Train staff in preparation, cooking and handling of food
6. Maintain inventory and records of food, supplies and equipment.
7. Manage kitchen operations.